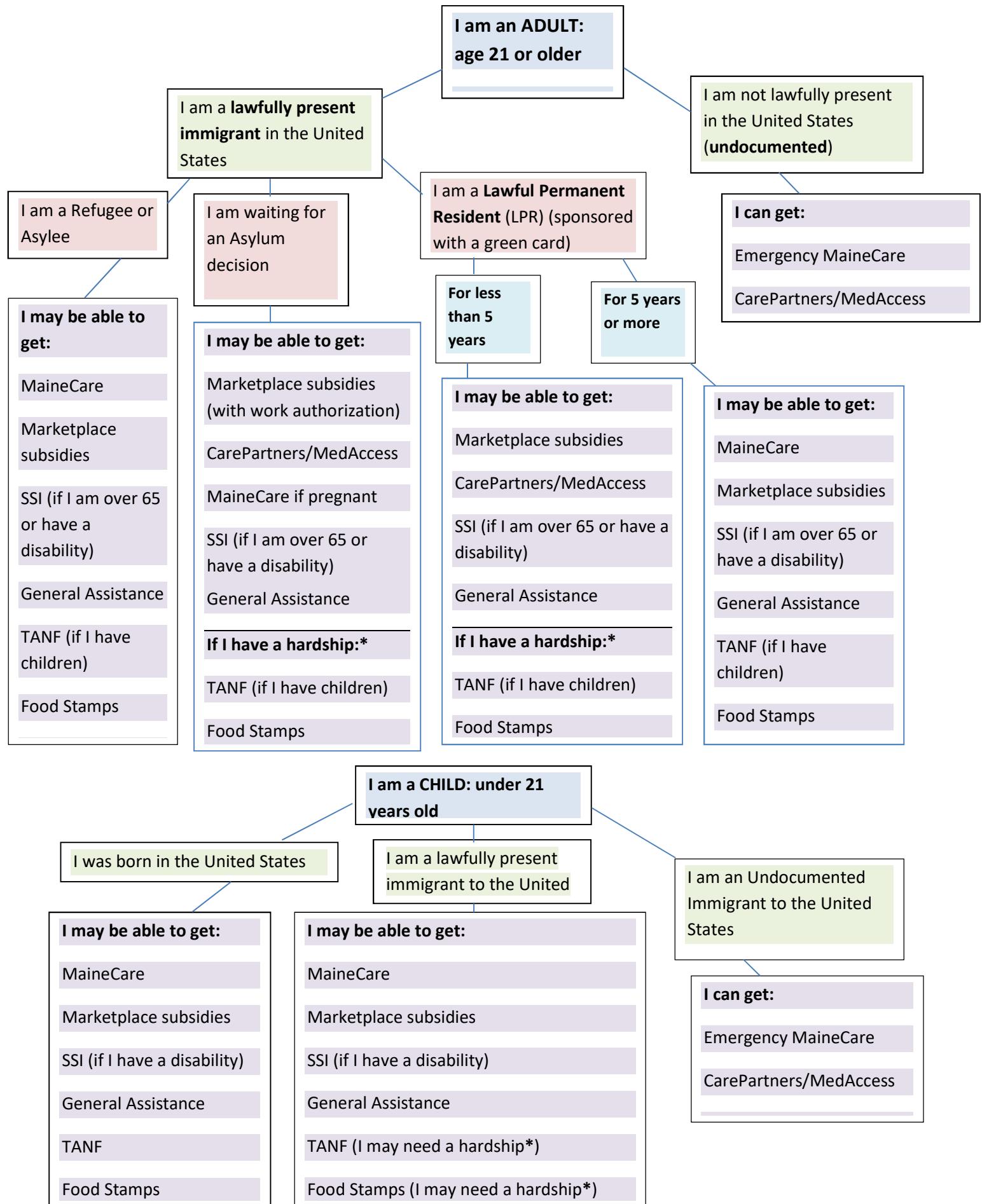


# What kind of HELP can I get to meet my basic needs?



**MaineCare** = pays for healthcare from a doctor  and for medicine. 

**Emergency MaineCare** = only pays for health care emergencies. 

**Marketplace Subsidies** = Help to pay for private insurance in the Health Insurance Marketplace  if

you have low income.

**NO Insurance** = CarePartners gets you help from a doctor  and MedAccess gets you medicine. 

**Food Stamps** = gets you a card  to pay for food. 

**TANF** = gets you a card  to help you and your family  pay for housing  and heat  and things you need for your child like diapers. 

**Supplemental Security Income (SSI)** = gets you money  to help you if you are elderly  OR have a disability. 

**General Assistance** = Your town may help pay for housing  and heat  and other things you need like medicine  and diapers for your child. 

**Hardship\*** = You may have a hardship if you are elderly  OR if you have a disability  OR if you are a domestic violence survivor  OR if you are waiting for work authorization  OR if you have work authorization, but are not employed. 