

DO I QUALIFY FOR MAINE'S \$300 RELIEF PAYMENT?

Maine is now providing a one-time \$300 relief payment per adult to help with rising costs.



If you already filed a 2025 Maine state tax return, you will **automatically** receive this payment as a mailed paper check (and don't need to do anything) if your federal adjusted gross income is:

- Under \$50,000 (individual filer)
- Under \$75,000 (head of household)
- Under \$100,000 (married filing jointly)

There is no minimum earnings requirement. So even if you don't usually file taxes, you can still get this money, you just need to file a state tax return using your SSN or ITIN. **The deadline to apply is October 15, 2026.**

The following CA\$H Maine coalitions have the capacity to provide assistance during the off-season. Call the coalition closest to where you live or go to cashmaine.org:

Aroostook County CA\$H.....(207) 764-3721
CA\$H Greater Portland (207) 347-2335
Central Maine CA\$H.....(207) 859-1632
Community CA\$H Coalition of Western Maine..... (207) 739-6530
Midcoast Maine CA\$H.....(207) 295-6340
York County CA\$H(207) 459-2899



For more information, see Maine Revenue Services' FAQ or contact MRS at:
(207) 624-9924 | affordability.MRS@maine.gov
Scan the QR code or visit:
maine.gov/revenue/affordability



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